

Rainbow Realities II

LISTEN, SPEAK UP, STAND UP!

DISCUSSION GUIDE



For members of the LGBTIQ+ community in South Australia, discrimination is by no means a thing of the past.

Rainbow Realities II: Listen, Stand Up, Step Up! has been produced to support conversations about how individuals, organisations, governments and the community as a whole can support the LGBTIQ+ community here in South Australia and more broadly.

By sharing our stories, we invite you to listen, learn and reflect so we can work together to make South Australia a safe and more inclusive place.



watch the film here:



DISCUSSION GUIDE

LISTEN...

...to the voices of the LGBTIQ+ community

- Listening to diverse voices about their lived and living experiences, we can better understand the true impact discrimination makes on people's lives and how we can stop it! LGBTIQ+ people are allies too!
- Lift up LGBTIQ+ voices including First Nations, People of Colour, Trans/Gender Diverse, Intersex and People living with Disability to gain understanding of intersectionality challenges in the LGBTIQ+ community.
- Ask survivors of conversion practices about their experiences (if they are comfortable sharing), acknowledging those experiences.

SPEAK UP...

... when you hear or see a person or our community vilified

- Discrimination can happen in our homes, in our workplaces, in schools, in hospitals and in our minds.
- If it's safe to do so, speak up against negative comments about our community (mention your positive experiences with LGBTIQ+ people).
- Speak up against MP's and people of influence who speak hate or negative comments, vote against them, encourage others to do the same.
- LGBTIQ+ community members, become your own ally first, love yourself.

STAND UP...

... when the LGBTIQ+ community needs your support

- Attend our rallies and sign our petitions to actively show support.
- Get involved in LGBTIQ+ events, campaigns, fundraisers or volunteer.
- Get involved in workplace days like IDAHOBIT and Wear it Purple.
- Use pronouns in your emails and on socials to demonstrate that you are an ally and a safe person for others to be their authentic selves.
- Challenge your own assumptions around gender and sexuality.

Learn a little more

Ending Conversion Practices...

...(also known as “ex-gay” or “ex-trans” conversion “therapy”) seek to change or suppress a person’s sexual orientation, gender identity or gender and sexual expression.

Medical and psychological bodies have denounced conversion practices and many State and Territories have introduced a legal ban.

Conversion practices continue lawfully in South Australia today.

Read more about ending conversion practices Here:

<https://www.saraa.org.au/advocacy/conversion-practices/>

Closing the loopholes in our anti discrimination laws...

... that allow religious institutions to fire, not hire and discriminate against us in services including education, health and community services.

Everyone deserves to live, work and study without fear of discrimination or harm.

Yet, loopholes in our laws continue to allow religious organisations to discriminate against LGBTIQ+ people in who they hire and serve in education, health, housing and other essential services.

Read more about closing the loopholes here:

<https://www.saraa.org.au/advocacy/anti-discrimination/>

Vision for SA pride

South Australia has a proud history of being a champion at the forefront of LGBTIQ+ rights, as the first State to decriminalise homosexuality in 1975. But in recent years we’ve slipped behind, being the last State to abolish the outdated gay panic defence.

We want to reinstate the pride of South Australia by creating a healthy, safe and inclusive community for LGBTIQ+ South Australians.

Sign our pledge for SA Pride using the QR code



If you or someone you know needs support, please contact a crisis support service, some include:

- **QLife:** call 1800 184 527 or visit [www.qlife.org.au](http://www qlife.org.au)
- **Lifeline:** call 13 11 14 or visit www.lifeline.org.au
- **Suicide Call Back Service:** call 1300 659 467 or visit www.suicidecallbackservice.org.au
- www.suicidecallbackservice.org.au

